



## **GARHBETA COLLEGE**

(Affiliated to Vidyasagar University)

Accredited by NAAC

P.O.: GARHBETA ★ DIST.: PASCHIM MEDINIPUR (W.B.)

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E-mail: [garhbetacollege48@gmail.com](mailto:garhbetacollege48@gmail.com)

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**Date: 07-04-2020**

### **HELP LINE / ONLINE COUNSELING CELL (COVID-19)**

In emergence of Corona Virus the entire world and the mankind are facing serious crisis during our generation and its prolonged harmful existence has confined our corporal life within the four-wall boundary following lock down of the country over a period of time. In such a crucial period, we are facing many hardship and some mental and psychological problems like stress, anxiety, distress may be common to many of us. Following the advisory of the UGC vide F. No. 1-1/2020(secy) dated 05.04.2020 an **Help line / Online Counseling cell** is formed to address the mental health, psychosocial concerns and well-being of the students during and after Covid-19. The following members may be contacted for this purpose:

#### **Clinical Psychologists/ Counsellors**

**1. Smt. Atreyee Chandra**

**Mobile & Whatsapp: 9804246337**

**Email ID: [atreveechandra17@gmail.com](mailto:atreveechandra17@gmail.com)**

**Date & Time: Monday and Friday: 6.30pm to 8pm**

**2. Smt. Srabani Seal**

**Mobile & Whatsapp: 9432186405**

**Email ID: [sulekhasrabani4@gmail.com](mailto:sulekhasrabani4@gmail.com)**

**Date & Time :-Wednesday & Saturday - 4- 5:30 pm**

### **Identified Faculty Members:**

- 1. Prof (Dr.) S. Patra, Associate Professor in Commerce  
Mobile & Whatsapp No. 7908830298**
- 2. Prof. ( Dr. ) K. Bag, Associate Professor in Chemistry  
Mobile & Whatsapp No. 9733434344**
- 3. Prof. ( Dr.) R. Sil, Associate Professor in Bengali  
Mobile & Whatsapp No. 9051297972**
- 4. Prof.( Dr.) K. Pradhan, Associate Professor in Physical Education  
Mobile & Whatsapp No. 7908605562**
- 5 Prof. S. Samanta, Associate Professor in Philosophy  
Mobile & Whatsapp No. 9434805127**
- 6. Prof. U. Sarkar, Assistant Professor in Geography  
Mobile & Whatsapp No. 8697119690**
- 7. Prof. (Dr.) S. Maiti, Assistant Professor in Physiology  
Mobile & Whatsapp No. 9775551293**
- 8. Prof. (Dr.) P. Guha, Assistant Professor in Zoology  
Mobile & Whatsapp No. 9775995422**

**Faculty members, Staff and students of Garhbeta College may personally contact with the above mentioned persons freely for interaction as per their requirement to keep their mental and psychological health in good condition during and after this period of lock down in connection with Corona Virus outbreak.**



**(Dr. Hariprasad Sarkar)  
Principal  
Garhbeta College**