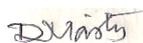


# GARHBETA COLLEGE

## Department of Bachelor of Physical Education (B.P.Ed.) Online Class Routine of B.P.Ed. (1<sup>st</sup> & 3<sup>rd</sup> Semester)

Day	Time	Semester	Subject	Teacher Name
Monday	10.00 – 11.30	1 <sup>st</sup> Semester	Officiating and Coaching	SM
	10.00 – 11.30	3 <sup>rd</sup> Semester	Sports Psychology and Sociology in Physical Education and Sports	TR
Tuesday	10.00 – 11.30	1 <sup>st</sup> Semester	Anatomy and Physiology	SH
	10.00 – 11.00	3 <sup>rd</sup> Semester	Track and Field: All throwing events.	DRC
	11.00 – 12.00	3 <sup>rd</sup> Semester	Coaching Lesson (Yoga)	CS
Wednesday	10.00 – 11.00	1 <sup>st</sup> Semester	Gymnastics (Rules and regulations)	*TR
	11.00 – 12.00	1 <sup>st</sup> Semester	Track & Field (Rules and regulations)	DRC
	10.00 – 11.30	3 <sup>rd</sup> Semester	Computer Applications in Physical Education and Sports Science	SM
Thursday	10.00 – 11.30	1 <sup>st</sup> Semester	History, Principle and Foundation of Physical Education & Olympic Movement	DM
	10.00 – 11.30	3 <sup>rd</sup> Semester	Sports Training	SH
Friday	10.00 – 11.00	1 <sup>st</sup> Semester	Health Education and Environmental Studies	TR
	10.00 – 11.30	3 <sup>rd</sup> Semester	Coaching Lesson (Gymnastics)	*TR
Saturday	10.00 – 11.00	1 <sup>st</sup> Semester	Gymnastics (Rules and regulations)	CS
	11.00 – 12.00	3 <sup>rd</sup> Semester	Sports Medicine, Physiotherapy and Rehabilitation	DM

DM - Dipankar Maity, TR - Tanusri Roy, SH - Samir Hazra, SM - Sumanta Majhi, DRC – Debranjana Chakraborty  
CS – Chandan Show, \*TR – Totan Roy,



Sri Dipankar Maity  
Dept.-in-Charge  
B.P.Ed. Section



Dr. Hariprasad Sarkar  
Principal  
Garhbeta College  
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